



THE
SPA

ONE STEAMBOAT PLACE

www.onesteamboatplace.com

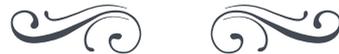
970.870.5151



A journey into relaxation awakened by the sights of the mountains, the scents of the fresh air and sweet wildflower meadows, and the sounds of the rivers as they flow through the serene and natural beauty surrounding the Yampa Valley.

The Spa at One Steamboat Place offers a rejuvenating experience nestled in the mountains of Steamboat Springs. Using the finest products for each of our treatments, infusing ingredients unique to the alpine environment.

We invite you to relax and relish in our selection of treatments in this tranquil setting.



Spa Guidelines

AGE REQUIREMENTS

Owners and guests of One Steamboat Place must be 16 years or older to enjoy the spa facilities and services. Ages under 16 may receive 30-minute spa services.

It is our goal to provide a tranquil atmosphere in the spa, children under 16 are welcomed in the spa facilities and must always be supervised by an adult. Running, yelling and loud play are not permitted. Please call us if you have any questions regarding your needs.

RESERVATIONS

Reservations are recommended in advance to ensure availability of your preferred date and time. To make an appointment, please call the Spa at 970-870-5151 or visit our website at www.onesteamboatplace.com/experience/amenities/spa.

GRATUITY

For your convenience a 20% gratuity will be added to all spa treatment prices upon check-out. Should you wish to increase or reduce this amount based on your service satisfaction, please notify the spa concierge upon check-out.

ARRIVAL PROCEDURES

We ask that you arrive 30 minutes prior to your scheduled appointment time to check in, enjoy a tranquil steam, or a cup of tea in the relaxation room. As a courtesy to our therapists and other guests, late arrivals may not receive an extension of their scheduled service time. Your treatment will end on time to ensure the next guest is not delayed.

The Spa provides spa wardrobe (robe and slippers) and provides temporary storage for clothing for your comfort and convenience. Due to space limitations, we cannot accommodate large luggage or fitness equipment in the spa.

CANCELLATION POLICY

Should you need to cancel or change, your spa appointment or personal training session, please notify us 24 hours before your scheduled appointment to avoid being charged in full. Changes made on the day of the appointment are also subject to a \$35 rescheduling fee.



Massage

SIGNATURE MASSAGE

30min \$90 / 60min \$140 / 90min \$190 / 120min \$240

Enjoy a soothing, customized Swedish massage designed to calm the body and mind. After a personalized consultation and aroma journey your massage will be tailored to suit your specific needs.

SOY CANDLE MASSAGE

60min \$165 / 90min \$215

A multi-sensory, full body massage with your choice of aromatic fragrance from our luxe candle offerings.

This massage starts with a refreshing and light exfoliation, followed by the candle's warm oils to complete this ultimate experience of hydration and relaxation.

HIMALAYAN SALT STONE MASSAGE

90min \$225

This relaxing massage incorporates warmed Himalayan Salt Stones, containing an abundance of essential minerals which aid in gentle detoxification and exfoliation, leaving you with a renewed glow and sense of wellbeing.

WARM STONE MASSAGE

90min \$220

Melt away stress and elevate relaxation to new heights with this deeply relaxing, heated stone massage. Tension melts away as warm stones are used over the entire body, radiating deep into tight muscles bringing your body into a serene state of harmony.

ADDITIONAL INFORMATION

COUPLES MASSAGE

Enjoy side-by-side massages in the same treatment room for no additional cost, please call us with questions regarding your needs. Additional luxury couples' packages are included in "Spa Packages".



Specialty Massage

KICK OFF YOUR BOOTS MASSAGE

60min \$185 / 90min \$235

Treat your feet to a warm, detoxifying soak, and exfoliation, followed by a shea butter mask and relaxing leg and foot-focused massage. This is a great treatment after a day of skiing or hiking to rest your tired feet.

THAI MASSAGE

90min \$135

This massage incorporates a combination of pressure point work, deep compressions, energy meridian work and yoga-like stretching for an invigorating and balancing experience. This treatment is the perfect way to start your adventurous day. Please wear loose, comfortable clothing.

PRENATAL MASSAGE

60min \$185 / 90min \$235

This customized prenatal massage is designed with comfort in mind, helping to ease the body into a relaxed state. After a personalized consultation, the massage will be tailored to suit your specific needs, with the addition of a light belly exfoliation and massage with Little Moon Essentials "Beautiful Belly Butter"

Appropriate accommodations can be made for guests in second or third trimester.



Body Treatments

DETOXIFYING BODY WRAP

90min \$235

This luxurious and calcium rich body wrap offers a gentle exfoliation, whilst detoxifying impurities to help nourish the bodies systems. Calming and relaxing massage follows using coconut-argan oil blended with grape stem cells and white tea extract to continually moisturize, brighten, and improve the tone and texture of the skin.

HYDRATING BODY POLISH

90min \$235

A gentle and highly effective shea butter scrub designed to invigorate and replenish moisture to your skin. Brighten your skins complexion with a light body polish, an aromatic detoxifying soak in the jacuzzi tub, and finished with a delightful Swedish massage with firming organic shea butter and scented oil of your choice.

HYDRATING BODY WRAP

90min \$235

A deeply hydrating and firming shea butter massage and hot oil hair treatment. Revive and rehydrate skin with this luxurious head-to-toe body quench in your personalized aroma. Warm organic shea butter is painted onto the body and then wrapped in a luscious cocoon leaving your skin feeling firm, smooth and hydrated. Ideal for dry skin or as an after-sun treatment.

SUN KISSED ORGANIC GLOW (CUSTOM AIRBRUSH TANNING)

Full Body \$55 / Upper or Lower Body \$35
Face and Neck \$15

Spray tans should be booked 24-48 hours prior to your special event for best results. Please make sure to exfoliate and shave 24 hours before & do not apply any lotion prior to your appointment. All sprays must be left on for 8 hours, please call us with questions regarding more information.



Antara CBD Treatments

Gentle, highly effective full spectrum formulas for exquisite skin and a balanced body and mind.

SIGNATURE MASSAGE

60min \$165 / 90min \$215

Enjoy a soothing, customized Swedish massage infused with CBD and Arnica to calm the mind and body. This enhanced experience restores tired muscles, soothes, and hydrates skin and re-boots the mind.

THERAPEUTIC RELIEF MASSAGE

60min \$185 / 90min \$235

Access all the mind body benefits of CBD alongside an infusion of age-defying paracress plant extract in this restorative, hydrating massage. Delivering relief to the whole body and targeted attention to sore back, joints, hands, and feet with gently warming, tingling cayenne and arnica.

RESTORATIVE BODY WRAP

90min \$300

Revitalize from head to toe after everyday exposure to the elements with this warm shea butter, lotus, and CBD wrap that nourishes the body and the mind. Firming paracress plant extract offers age defying benefits for the skin, while a grounding foot massage with warming cayenne and CBD brings relief from aches and pains.

RESTORATIVE BODY POLISH

90min \$300

Invigorate and replenish the skin and invite harmony to the mind with this luxurious sugar, salt, shea, and CBD body polish. Gentle enough for sensitive skin, highly effective for all skin types, the polish is tailored to your needs. Then, soothing arnica and CBD infused oil is applied in long strokes for impeccable, glowing skin.

Antara CBD Massage Enhancements

RESTORATIVE FULL BODY QUENCH

\$35

Access all the mind body benefits of CBD alongside an infusion of age-defying paracress plant extract in this restorative, hydrating massage.

RESTORATIVE HAND AND FOOT QUENCH

\$25

Relieve muscle aches and ease tension with this warming cayenne, arnica and CBD service that provides extra care for hands and feet.

RESTORATIVE SCALP TREATMENT

\$25

Bring vitality to your scalp with a warm application of oil featuring CBD, coconut oil and Icelandic moss.



Massage & Body Treatment Enchantments

DEEP TISSUE

60min \$10 / 90min \$20 / 120min \$30

Using various massage techniques this enhancement is designed to relieve tightness, deep muscular tension and increase circulation.

CUPPING \$15

Pliable silicone cups are applied to the area to be treated and creates a vacuum, drawing the skin and underlying tissue into the silicone cup. The combination of massage movement and negative pressure lifts and loosens adhesions, releases stagnation and increases circulation.

HYDRATING FACIAL MASK \$20 (+10min)

Melt away with a hydrating facial steam, cleansing milk, white algae mask, and a botanically enriched facial massage leaving your skin refreshed and revitalized.

WARM STONE \$15

Add some heat to your treatment with warm stones applied to tensioned areas (offered as an addition and not a full-body warm stone massage).

HAND AND FOOT QUENCH \$15

Begin your treatment with a relaxing hand and foot massage with cashmere oil that includes organic coconut and passionflower blended with a firming repair balm packed with organic shea butter and paracress extract.

FULL BODY QUENCH \$25

Add to any full body treatment for a relaxing full body Quench massage using cashmere oil that includes organic coconut and passionflower blended with a firming repair balm packed with organic shea butter and paracress extract.

HYDRATING HAIR AND SCALP TREATMENT

\$20 (+10min)

Nourish the hair and scalp by adding this warm oil treatment, used with coconut and passionflower infused oils that will leave your hair soft, smooth and shiny.



Skincare

SIGNATURE ORGANIC FACIAL

30min \$90 / 60min \$155 / 90min \$215

Using organic skincare products, this treatment includes deep pore cleansing, exfoliation, extractions, firming eye treatment with a customized masque—layered with wild Gigartina algae—and a hydrophilic facial massage to feed and nourish your skin.

90min service includes an anti-aging hand and foot treatment.

SWIFT LIFT PEPTIDE FIRING FACIAL

60min \$165

Actively firm, lift and address the visible signs of aging. Thorough facial analysis, deep cleaning, and a natural fruit acid exfoliation peel to rapidly remove dead skin cells. Using cutting-edge algae-based peptides, hyaluronic acid, and a variety of plant extracts help to noticeably firm and visibly diminish the appearance of fine lines and wrinkles.

ULTIMATE REJUVENATION OXYGEN FACIAL

60min \$185 / 90min \$240

The ultimate in skin rejuvenation with instant, visible results! This oxygen-infused facial works to significantly reduce the appearance of fine lines and wrinkles, while tightening and firming the contour of the face. Enhance with a Booster of one of the following: Antioxidant, Collagen, Vitamin C, or Vitamin A for an additional \$20.

RADIANCE BRIGHTENING FACIAL

60min \$165

This pure, potent, cosmeceutical treatment combines three forms of Vitamin C, natural fruit acids, antioxidants, and a wide variety of potent botanical extracts and coenzymes to bring out the skin's health and radiance. Noticeably improve tone and texture, and minimize the appearance of fine lines and wrinkles, leaving skin noticeably brighter, hydrated and smooth.

WALK IN THE WOODS FACIAL

60min \$175

This pure and active treatment combines a revolutionary range of advanced skin care that blends a wide variety of cold-pressed plant extracts with naturally-derived cosmeceutical ingredients for unparalleled results to help moisturize, soothe, nourish, and fight the appearance of fine lines and wrinkles.



Waxing

Bikini - \$45

Brow - \$35

Full Face \$60

Lip, Ear, Chin - \$25

Full Arm - \$50

Underarm - \$30

Full Leg - \$95

Chest or Back - \$75

Spa Packages

REPLENISH PACKAGE

2hr \$430

This luxurious service brings healing to every part of the body with the use of hydrating and age defying shea butter and soothing aromatic oils. This treatment includes a full body exfoliation, detoxifying soak, warm hydration wrap, scalp ritual and finishes with a customized massage to awaken the mind and body to a state of relaxation and wellness.

Couples Packages

ROMANTIC REJUVENATION

2hr \$510 per couple

Unwind from your day in our spacious couples' room by sipping champagne and enjoying chocolates side by side as your feet soak and detox in a warm foot bath. Finished with a customized massage with your choice of aroma deepening the level of mind and body relaxation.

SWEET ON YOU

2.5hr \$730 per couple

Indulge in relaxation for two with side-by-side detoxifying foot baths, as you enjoy chocolates and champagne, followed by a hydrating shea butter wrap, scalp ritual, and complete with a customized massage with your choice of aroma deepening the level of mind and body relaxation.



Health and Wellness

PRIVATE YOGA

60min \$90

Let our amazing yoga instructors guide you to experience a balanced mind and body. Available by request in either individual or group format.

GROUP EXERCISE CLASSES

COMPLIMENTARY

We offer a wide variety of classes daily in our Motion Studio including Yoga, Pilates, Hiking, Zumba and much more. No reservation necessary for motion studio fitness classes, please see seasonal fitness menu for more details.

To sign up for our guided hikes please call reservations at 970-870-5100.





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