THE SPA CONE STEAMBOAT PLACE

www.onesteamboatplace.com 970.870.5151 A journey into relaxation awakened by the sights of the mountains, the scents of the fresh air and sweet wildflower meadows, and the sounds of the rivers as they flow through the serene and natural beauty surrounding the Yampa Valley.

The Spa at One Steamboat Place offers a rejuvenating experience nestled in the mountains of Steamboat Springs. Using the finest products for each of our treatments, infusing ingredients unique to the alpine environment. We invite you to relax and relish in our selection of treatments in this tranquil setting.



Spa Guidelines 🔊

AGE REQUIREMENTS

Owners and guests of One Steamboat Place must be 16 years or older to enjoy the spa facilities and services. Ages under 13 may receive 30-minute spa services. It is our goal to provide a tranquil atmosphere in the spa, children under 16 are welcomed in the spa facilities and must always be supervised by an adult. Running, yelling and loud play are not permitted. Please call us if you have any questions regarding your needs.

RESERVATIONS

Reservations are recommended in advance to ensure availability of your preferred date and time. To make an appointment, please call the Spa at 970-870-5151 or email us at spa@onesteamboatplace.com.

GRATUITY

For your convenience a 20% gratuity will be added to the original treatment price upon check-out. Should you wish to increase this amount based on your service satisfaction, please notify the spa concierge.

ARRIVAL PROCEDURES

We ask that you arrive 15 minutes prior to your scheduled appointment time to check in, enjoy a tranquil steam, or a cup of tea in the relaxation room. As a courtesy to our therapists and other guests, late arrivals may not receive an extension of their scheduled service time. Your treatment will end on time to ensure the next guest is not delayed.

The Spa provides spa wardrobe (robe and slippers) and provides temporary storage for clothing for your comfort and convince. Due to space limitations, we cannot accommodate large luggage or fitness equipment in the spa.

CANCELLATION POLICY

Should you need to cancel or change, your spa appointment or personal training session, please notify us 24 hours before your scheduled appointment to avoid being charged in full. Changes made on the day of the appointment are subject to a \$35 rescheduling fee.

Massage S

SIGNATURE MASSAGE

30min \$100 / 60min \$175 / 90min \$255 / 120min \$310 Enjoy a soothing, customized Swedish massage designed to calm the body and mind. After a personalized consultation and aroma journey your massage will be tailored to suit your specific needs.

SOY CANDLE MASSAGE

60min \$195 / 90min \$285 / 120min \$365 A multi-sensory, full body massage with your choice of aromatic fragrance from our luxe candle offerings. This massage starts with a refreshing and light exfoliation, followed by the candle's warm oils to complete this ultimate experience of hydration and relaxation.

ADDITIONAL INFORMATION

COUPLES MASSAGE

Enjoy side-by-side massages in the same treatment room for no additional cost, please call us with questions regarding your needs. Additional luxury couples' packages are included in "Spa Packages" (page 9)

Specialty Massage S

KICK OFF YOUR BOOTS MASSAGE

60min \$195 / 90min \$285 Treat your feet to a detoxifying soak, followed by a hydrating shea butter foot mask, warmed, and cocooned in lavender booties, ending with relaxing massage focused on legs and tired feet. This is a great treatment after a day of skiing, biking, riding, or hiking.

PRENATAL MASSAGE

60min \$195 / 90min \$285 This customized prenatal massage is designed with comfort in mind, helping to ease the body into a relaxed state. After a personalized consultation, the massage will be tailored to suit your specific needs, with the addition of a light belly exfoliation and massage with Little Moon Essentials "Beautiful Belly Butter".

Appropriate accommodations can be made for guests in second or third trimester.

WARM STONE MASSAGE

90min \$285 / 120min \$370 Melt away stress and elevate relaxation to new heights with this deeply relaxing, heated stone massage. Tension melts away with the heat of basalt stones and the application of shea butter, bringing profound relief to tight muscles and bringing your body into a serene state of harmony.

VAGUS NERVE MEDITATIVE MASSAGE

60min \$195 / 90min \$285 This unique massage experience was created to activate the calming effects of the Vagus Nerve response by steaming aromatic compresses, gentle massage strokes, cranial holds, and a soothing essential oil blend. This precious essence of Juniper, Chamomile, Lavender, and Jojoba works to mitigate feelings of stress, while stimulating positivity and wellbeing in the mind and body.

Body Treatments 500

HYDRATING BODY WRAP

90min \$255 / 120min \$330

A deeply hydrating and firming shea butter massage and hot oil hair treatment. Revive and rehydrate skin with this luxurious head-to-toe body quench in your personalized aroma. Warm organic shea butter is painted onto the body and then wrapped in a luscious cocoon leaving your skin feeling firm, smooth, and hydrated.

SUN KISSED ORGANIC GLOW (CUSTOM AIRBRUSH TANNING)

Full Body \$85 / Upper or Lower Body \$40 Face and Neck \$30

Spray tans should be booked 24-48 hours prior to your special event for best results. Please make sure to exfoliate and shave 24 hours before & do not apply any lotion or deodorant prior to your appointment.

> Please call us with questions regarding more information.

HYDRATING BODY POLISH

90min \$255 / 120min \$330

A gentle and highly effective shea butter scrub designed to invigorate and replenish moisture to your skin. Brighten your skins complexion with a light body polish, an aromatic detoxifying soak in the jacuzzi tub, and finished with a delightful Swedish massage with firming organic shea butter and scented oil of your choice.

Massage & Body Treatment Enchantments 🔊

DEEP TISSUE

60min \$10 / 90min \$20 / 120min \$30 Using various slow and firm pressure massage techniques to release muscle tension, this enhancement is designed to improve circulation, reduce minor aches and pain, increase range of motion, and ease inflammation.

ANTARA THERAPEUTIC RELIEF (CBD ENHANCEMENT) \$75

Access all the mind body benefits of CBD alongside an infusion of shea butter and age-defying paracress plant extract in this restorative, hydrating enhancement to reduce inflammation, restore tired muscles, hydrate skin and re-boot the mind and body.

WARM STONE \$25

Add some heat to your treatment with warm stones, as they are applied to tensioned areas (offered as an enhancement and not a full body warm stone massage).

CUPPING \$25

Pliable silicone cups are applied to the area to be treated and creates a vacuum, drawing the skin and underlying tissue into the silicone cup. The combination of massage movement and negative pressure lifts and loosens adhesions, releases stagnation, and increases circulation.

HAND AND FOOT QUENCH \$35

Begin your treatment with a relaxing hand and foot massage with cashmere oil that includes organic coconut and passionflower blended with a firming repair balm packed with organic shea butter and anti-aging paracress extract.

FULL BODY QUENCH \$45

Add to any full body treatment for a relaxing full body Quench massage using cashmere oil that includes organic coconut and passionflower blended with a firming repair balm packed with organic shea butter and anti-aging paracress extract.

HYDRATING FACIAL MASK

\$45 (+10min)

Melt away with a hydrating facial steam, cleansing milk, white algae mask, and a botanically enriched facial massage leaving your skin refreshed and revitalized.

HYDRATING HAIR AND SCALP TREATMENT

\$25 (+10min)

Nourish the hair and scalp by adding this warm oil treatment, used with coconut and passionflower infused oils that will leave your hair soft, smooth, and shiny.



Skincare S

SIGNATURE ORGANIC FACIAL

30min \$100 / 60min \$185 / 90min \$260

A personalized treatment that combines custom cleansing and a restorative mask with active, natural, and organic paraben free products. Gigartina algae extracts, and natural botanical oils restore vital nutrients, vitamins, and minerals directly to skin.

90min service includes NuFace facial toning and a therapeutic neck, shoulder massage.

ANTI-AGING FACIAL

60min \$210

Restore your skin's glow with the ultimate age-defying facial. The cleanest, purest ingredients, White Algae, White Tea, and Copper Peptides blend with Hyaluronic Acid, Vitamin C, and an intense marine-based oxygen serum to give the skin a superior boost. A curated dual layer treatment mask to visibly smooth fine lines, lighten dark spots, deeply hydrate, release facial tension, and stimulates collagen production.

HIGH ALTITUDE OXYGEN FACIAL

60min \$230 / 90min \$300

The ultimate skin rejuvenation with instant, visible results! This oxygen hyaluronic facial treatment is developed to address fine lines and wrinkles and delivers ultimate hydration. Perfect for all skin types containing vitamins and antioxidants that dramatically lift, tone, and hydrate the skin.

90min service includes Booster Serum, NuFace facial toning and a therapeutic neck, shoulder massage.

SCULPT AND LIFT GUA SHA FACIAL

60min \$210

A relaxing, sculpting, and detoxifying journey designed to lift and tighten facial contours. The ancient technique of Gua Sha helps to increase collagen production, plump lines, and reduce facial tension for an immediate radiant glow. A jade stone is combined with the cleanest ingredients including mineral-dense seaweeds and antioxidant-rich plant botanicals to nourish body and mind.

OXYGEN BOOSTER ENHANCEMENT

\$65 (+10min)

- Antioxidant Revitalizes and balances dull, stressed skin.
 Collagen Helps restore volume and tightness to skin.
 Vitamin C+3 Brightens and improves the appearance of hyperpigmentation.
 Vitamin A Clarifying and refining the appearance of dull
- Vitamin A Clarifying and refining the appearance of dul or congested skin.

Waxing 500

Bikini - \$50 Brow - \$40 Full Face \$60 Lip, Ear, Chin - \$30 Full Arm - \$50 Underarm - \$30 Full Leg - \$85 Chest or Back - \$85



REPLENISH PACKAGE

2.5hr \$500

This luxurious service brings healing to every part of the body with the use of hydrating and age defying shea butter and soothing aromatic oils. This treatment includes a full body polish, detoxifying soak, warm hydration wrap, scalp ritual and finishes with a customized massage to awaken the mind and body to a state of relaxation and wellness.

Couples Packages

ROMANTIC REJUVENATION

2hr \$655 (per couple)

Unwind from your day in our spacious couples' room by sipping bubbly and enjoying chocolates side by side as your feet soak and detox in a warm foot bath. Finished with a customized shea-butter infused massage with your choice of aroma deepening the level of mind and body relaxation.

ANTARA HIGH ALTITUDE COUPLES RITUAL (CBD)

2.5hr \$800 (per couple)

Unwind from your day in our spacious couples' room with side-by-side detoxifying foot baths, as you enjoy chocolates and sip a CBD infused peppermint tea, followed by a full body exfoliation, CBD infused massage, scalp ritual, hand, and foot treatment and complete with hydrating facial enhancement deepening the level of mind and body relaxation.



PRIVATE YOGA OR PILATES

60min \$100 Let our amazing fitness instructors guide you to experience a balanced mind and body. Available by request in either individual or group format.

GROUP EXERCISE CLASSES COMPLIMENTARY

During peak season we offer a wide variety of classes in our Motion Studio including Yoga, Pilates, Hiking, Zumba and much more. No reservation necessary for motion studio fitness classes, please see seasonal fitness menu for more details.

To sign up for our summer guided hikes please call reservations at 970-870-5100.



www.onesteamboatplace.com 970.870.5151